

**FRIDOP<sup>®</sup> TASK** is a dietary supplement that contains a concentrated mixture of Klamath microalgae (MixAFA<sup>®</sup>) and Vitamin E. The Klamath Alga (Aphanizomenon flos aquae), is the only biologically certified microalga that grows wild in an uncontaminated volcanic environment, the Klamath Lake in Oregon (USA) containing high quantities of bioavailable minerals. Exposure to the sun for 300 days a year allows the alga to photosynthesize, while its exposure to harsh winters causes it to produce Omega-3 type fatty acids. Omega-3 fatty acids are essential for human health, however, the human body cannot produce them so they need to be consumed from our diet.

Klamath Alga are easily absorbed by the human body. Due to the alga's cell membrane, which is made of a glycoprotein that is similar to the human glycogen, our body absorbs this supplement as an immediate source of energy. Klamath Alga is considered a 'compact natural superfood'. Since it contains essential minerals, vitamins, amino acids, fatty acids and nutraceutical molecules, such as phycocyanin, phenylethylamine and polysaccharides. Phenylethylamine is naturally present in chocolate, cheese, vegetables such as beans and peas, and in probiotics.

The MixAFA<sup>®</sup> alga contained in FRIDOP<sup>®</sup> TASK has been formulated to obtain higher concentrations of vitamins, minerals, amino acids and nutritional elements • Vitamin E is an antioxidant and essential nutrient for many cells, including heart muscle cells\* • Broad spectrum superfood\* • Plant-based superfood\* • Phytonutrient-rich\* • Micro-Algae Klamath is one of the most nutrient-dense food on the planet containing glycol-proteins, vitamins, minerals, simple carbohydrates, lipids and biologically active enzymes\*.

Mirtoselect<sup>®</sup> is the only bilberry extract (Vaccinium myrtillus L.) containing 36% of Anthocyanins. It is made with a reproducible technique that ensures high quality standards. The bilberry extract is indicated to promote good eyesight.<sup>1</sup>

### NUTRITIONAL INFORMATION (PER 1g OF PRODUCT MIXAFA<sup>®</sup>)

TYPICAL COMPOSITION		VITAMINS		MINERALS		AMINO ACIDS			
Calories	3.91 Kcal	B1	96 mcg	Calcium	9.61 mg	Aspartic Acid	63.42 mg	Isoleucine	27.28 mg
Calories from fat	0.60 Kcal	B2	212.6 mcg	Chromium	0.74 mcg	Threonine	32.78 mg	Leucine	46.18 mg
Total carbohydrates	19 mg	B3	0.86 mg	Iron	0.44 mg	Serine	29.78 mg	Tyrosine	28.52 mg
Protein	0.62 g	B5	0.48 mcg	Magnesium	3.10 mg	Glutamic Acid	67.54 mg	Phenylalanine	29.18 mg
Dietar fiber	5 mg	B6	6.5 mcg	Manganese	27.84 mcg	Proline	17.96 mg	Histidine	8.00 mg
Phenylethylamine	13 mg	B12	2.74 mcg	Potassium	100.94 mg	Glycine	26.44 mg	Lysine	26.84 mg
C-Phycocyanin	146 mg	Biotin	0.16 mcg	Zinc	8.60 mcg	Alanine	45.32 mg	Arginine	51.02 mg
Total minerals	151.3 mg	Folic Acid	0.22 mcg			Valine	28.58 mg		
Fatty acids (*)	66 mcg					Methionine	6.28 mg		

(\*) Omega-3, Omega-6, EPA e DHA

**INDICATIONS** The concentrated MixAFA<sup>®</sup> formulation contained in FRIDOP<sup>®</sup> TASK are indicated in the case of an insufficient intake of nutrients or an increased need for them.

**METHOD OF USE** Dissolve the contents of a stick pack in a glass of water (150 ml), take 1-2 stick packs per day. Stir thoroughly until the powder has completely dissolved and drink immediately.

**PACKAGING** 20 stick pack.

**WARNINGS** Pregnant or nursing mothers, children under the age of 12, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

**CAUTION** consult your physician before taking this product if you have vascular disease (such as heart disease or a history of stroke) or diabetes, are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any treatment which may affect the ability of blood to clot. Other information: Do not use if packet seal is torn or broken. Store at room temperature. Protect from excessive moisture.



\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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